

**THE ROLE OF SPIRITUALITY
IN THE LIFE OF PEOPLE
LIVING WITH HIV AND AIDS**



BACKGROUND

- The role of spirituality
- Nursing has its roots in spirituality
- A state of well-being
- Spirituality and human search for spiritual answers
- Alternative treatment therapies

DEFINITION OF TERMS

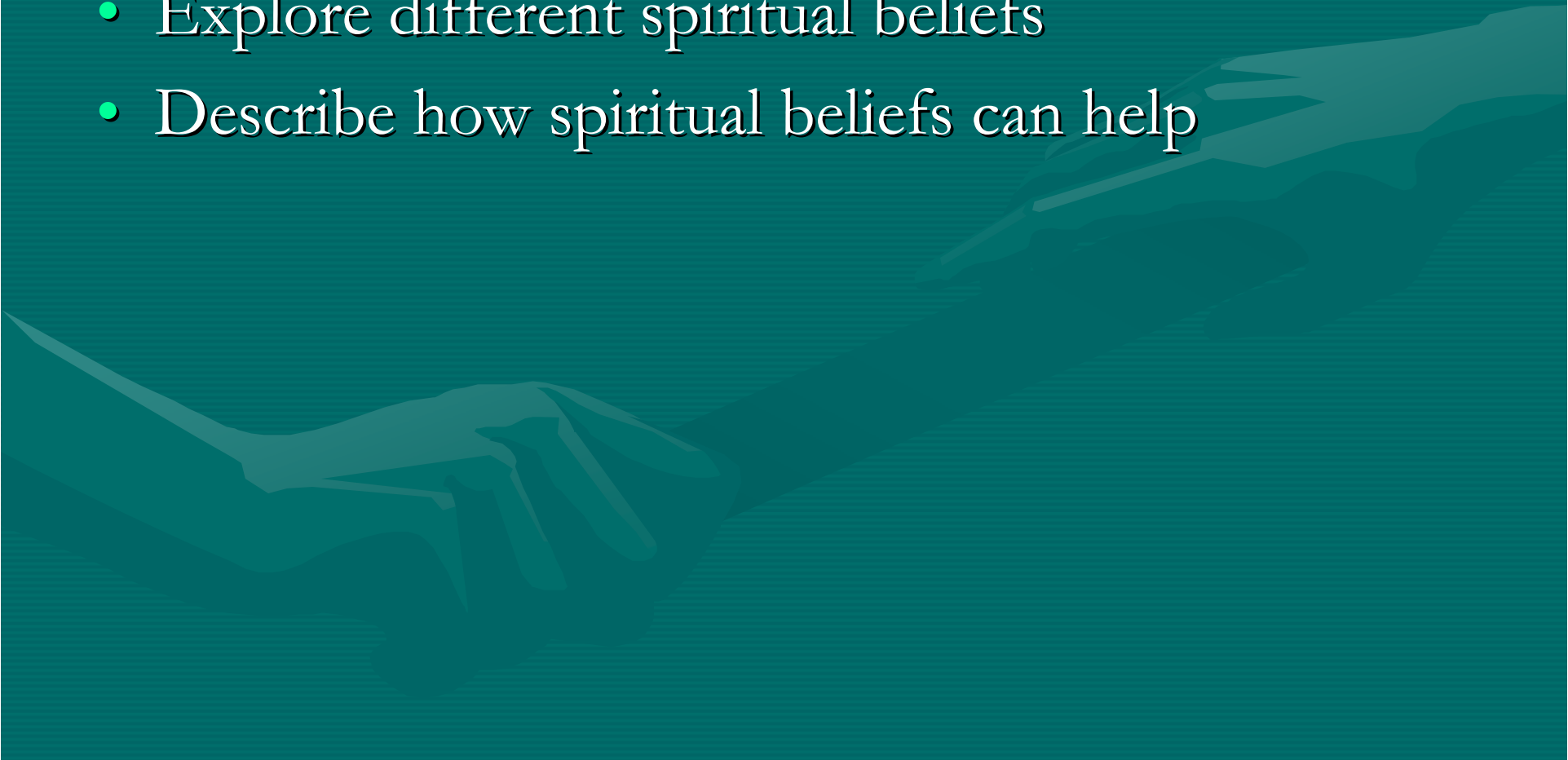
- Spirituality is an aspect of the total being inseparably integrated to all the other aspects of the being (Mahlungulu & Uys, 2004).
- Spirituality is a 4-dimensional cognitive (mental) relationship.

PURPOSE OF STUDY

- To explore the role of spiritual beliefs



OBJECTIVES OF THE STUDY

- Describe the role of spirituality
 - Explore different spiritual beliefs
 - Describe how spiritual beliefs can help
- 
- A faint, semi-transparent image of two hands shaking is visible in the background of the slide, positioned in the lower right quadrant.

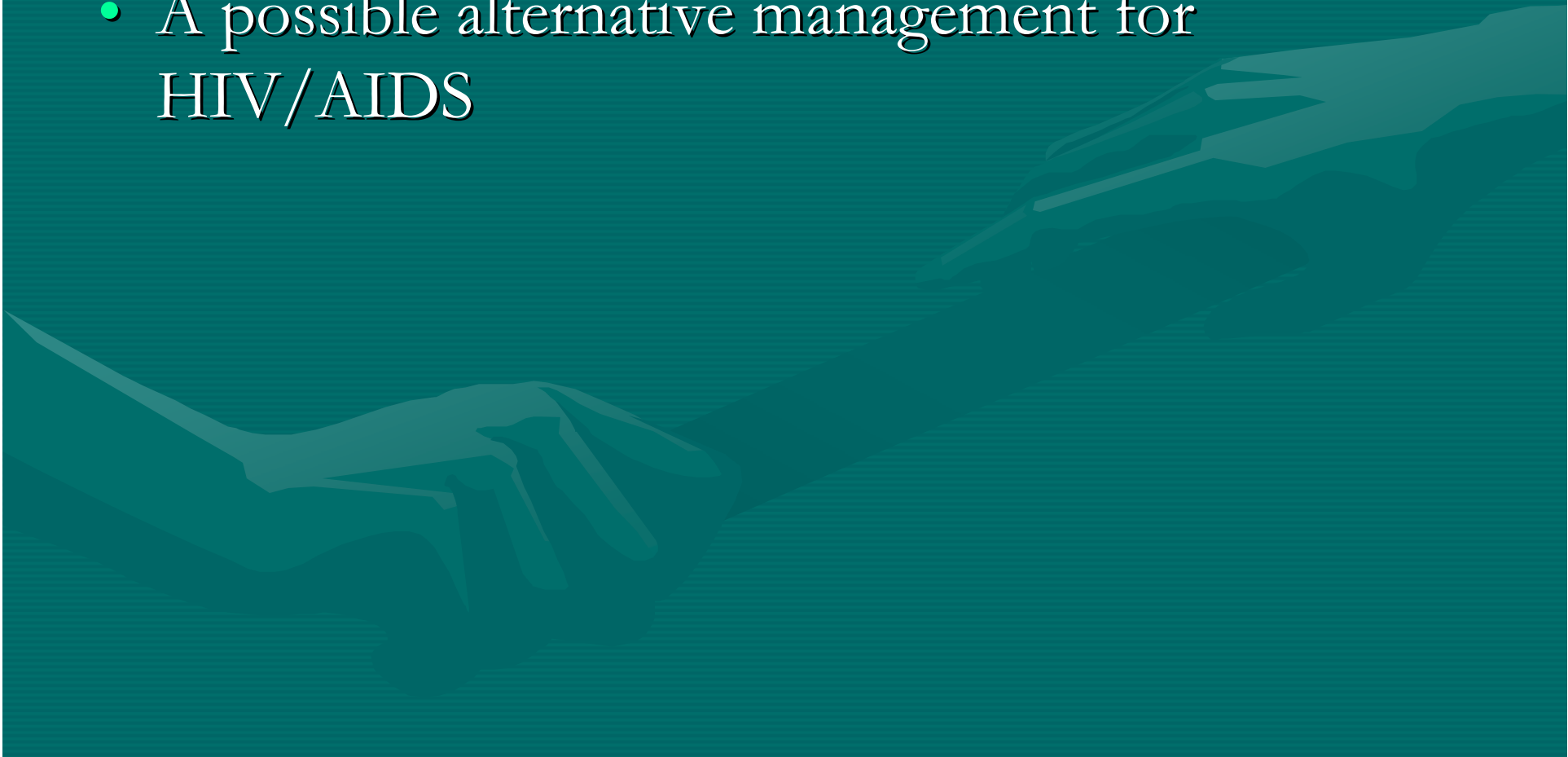
RESEARCH QUESTIONS

- Three research questions:
- Themes:



SIGNIFICANCE OF THE STUDY

- A new direction for nursing
- A possible alternative management for HIV/AIDS



THEORETICAL FRAMEWORK

- Cognitive-behavior approach to spirituality
- Seeking meaning and purpose



LITERATURE REVIEW

- Scientific evidence from North America and British studies (Ross, 1994 in Mahlangu & Uys, 2004).
- Spirituality has been positively associated with life satisfaction.....(Wulff, 1994) and also negatively associated with death,...

LITERATURE REVIEW

- Spirituality has been found to play a significant role in alcoholism...(Clay, 2003)
- Spirituality has been found to have implication for prevention effort (Goggin et al., 2001).
- In South Africa, other parts of Africa and the world (Walker et al., 2004)

RESEARCH METHODOLOGY

- Design & Setting
- Population
- Sample and sampling
- Instrumentation
- Data collection